

# Summer Snoops

**UNLEASHED!**

**RECIPES  
FOR DOGS & CATS**



Copyright  
SUMMER SNOOPS UNLEASHED:  
RECIPES FOR DOGS & CATS  
©Copyright 2019 Judith Lucci

No part of this book may be used or reproduced in any manner whatsoever without written permission except in the case of brief quotations embodied in critical articles or reviews.

**DISCLAIMER:** Remember, some human foods are toxic to dogs. Take care to avoid using those ingredients when cooking for your canine friend. Some examples are onions and garlic, grapes and raisins, and xylitol, a natural sweetener used in many human products including some types of peanut butter. This is not an exhaustive list.

Additionally, individual dogs may be allergic to or intolerant of some ingredients or have medical conditions that preclude them from having certain human foods. Be sure to ask your veterinarian for specific recommendations.

**PUBLISHERS NOTE:** This book contains recipes that should be prepared as written. The publisher is not responsible for specific health or allergy needs that may require medical attention. Additionally, the publisher is not responsible for any adverse reactions to the recipes contained in this book.



# Kim Hunt Harris

## KIM'S BOOKS

### TUNA CAT TREATS

- 6 ounce can of tuna in oil
- 2 tsp. parsley diced, fresh or dried
- ½ cup whole wheat flour
- ½ cup powdered milk
- 1 egg
- ¼ cup ground flax seed
- 1 tbsp. olive oil
- 3 tbsp. water

#### Directions:

Combine flour, powdered milk and ground flax seed. In a separate bowl combine tuna, olive oil, parsley, water and egg.

Make a well in the center of your flour mixture and pour wet ingredients into middle. Combine well with a wooden spoon, or better yet-use your hands.

Shape dough into small balls--between the size of a blueberry and a grape. Place them on a foil-lined cookie sheet. Press down lightly with your thumb. Bake in an oven preheated to 350° for 10 minutes, turn treats over and cook an additional 5 minutes.



### SUPER EASY-PEASY CAT TREAT

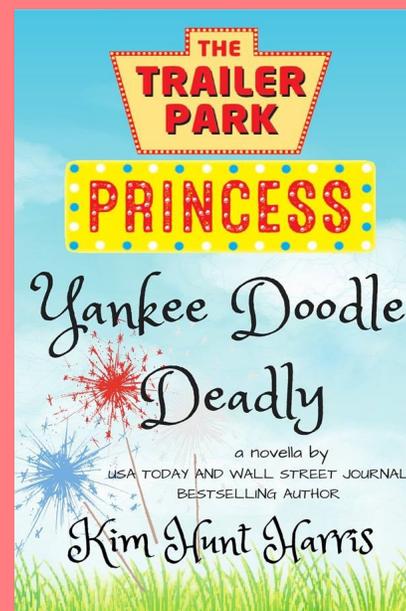
- 1 (3 ounce) can wet cat food
- 1 teaspoon catnip (optional)

#### Directions:

Preheat an oven to 350 degrees F (175 degrees C). Line a baking sheet with foil or parchment paper.

Place the cat food and catnip into a blender. Cover, and puree until smooth and looks a little like frosting. Spoon pureed cat food into a resealable plastic bag. Cut a small hole in the corner of the bag.

Squeeze ½-inch dollops onto the prepared baking sheets. Bake 15 minutes. Cool completely and store in an airtight container.



# Emily Selby

## EMILY'S BOOKS



Here is Kitty, my rescue cat. She is 11 years old now. We took her and her little brother from an animal shelter when they were about 7 weeks old. We were living in England at the time. Unfortunately, Kitty's brother went missing nearly 10 years ago, and she grieved for a while.

Kitty is a good-natured, social animal. She has moved with us several times, including 2 big, intercontinental moves: first from England to New Zealand, and then from New Zealand to France. She has always adapted to the new environment quite quickly. With one exception: here in France, it took her a while to get used to various languages that she hear spoken in our house. We have friends who speak different languages, and while we are not necessarily fluent in all of them, we try. At first, Kitty would walk out of the room the moment, the conversation shifted into French or German, and would only come back if called back and talked to in English.

Now, after 2 years she just stays around as long as she wants, even if the conversation is in French.



## KITTY'S TUNA BISCUITS

- 1 can of tuna in oil, drained, oil reserved
- 2 cups of bread crumbs
- 2 eggs, beaten

Preheat the oven to 175 C (350F); prepare a baking sheet.

Fluff tuna up with a fork, add the eggs and bread crumbs, mix and add the reserved oil little by little until you achieve the right consistency. The "dough" should be thick, easy to separate into little ball with a spoon.

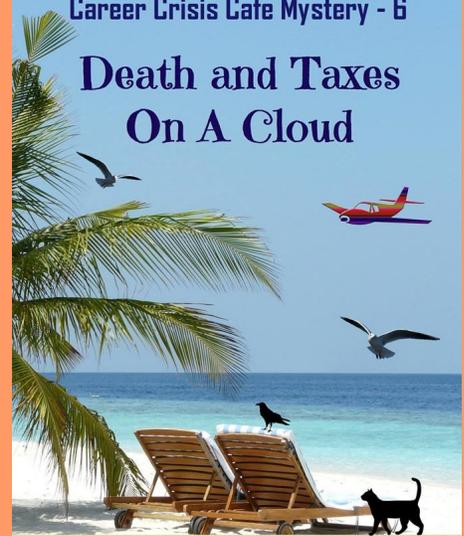
Place about 1/4 teaspoonfuls of mixture an inch apart, on the baking sheet, flattening the dough.

Bake the biscuits in the preheated oven until they set (about 10 min)

Cool and store in the fridge.

### Career Crisis Cafe Mystery - 6

## Death and Taxes On A Cloud



Emily Selby

# Chelsea Thomas

## CHELSEA'S BOOKS

### WHIPPED CREAM DREAM

My cat has a serious addiction. There's one thing she can't live without, and no, it's not catnip. It's whipped cream. I first discovered how much she loved whipped cream when I was a teenager and she sneakily licked all the whipped cream off of my latte one morning. I know it's not the healthiest food for cats, but whipped cream is what my kitty craves all day, every day. Whenever anyone opens the fridge, my cat is there, looking hopefully for a creamy treat.

Honestly, she's normally a very grumpy kitty, but when she sniffs out the possibility of some whipped cream, she suddenly becomes your best friend. So, I started to make some cream specifically for felines, which probably sounds disgusting to most people. But my cat LOVES it.

This is a simple recipe, but even kitties who aren't addicted to cream will love it as a special treat. Just don't overdo the portions, as it's very rich.

- Heavy whipping cream (about 1/4 or 1/3 cup, it will expand as you whip)
- Tuna juice (ew, right?) — just drain a can and use as much of the liquid as you need. Not too much or your cream won't whip right.
- A splash of broth — whatever you have handy (chicken, bone, etc.)
- Pinch of catnip, if your feline is feelin' frisky :)

Combine ingredients.

Using a whisk or a mixer, whip until the cream is stiff but not too thick. Like regular whipped cream!

I'd say a quarter cup is the absolute max I'd give my kitty, and probably way less. More like 1 tbsp at a time for a special treat. Warning, this may be addictive! So be ready to make it all the time for your feline friend.



### SPANCAKES (Spaniel Pancakes)

- Canned chicken or tuna, 1 small can
- 1 large egg, beaten
- Unsalted or low sodium chicken bouillon cube
- 1/4 cup oats

Mix all ingredients in a large bowl.

Form into balls. Add more oats if needed for consistency.

Cook like a burger patty in a lightly oiled frying pan (or grill, if you have one!) Should take 2-4 minutes each side.

APPLE ORCHARD COZY MYSTERY BOOK 1.5

## A Knead to Kill



CHELSEA THOMAS



# Maria Grazia Swan

## MARIA'S BOOKS

### PUP POTATOES

- 1 cup of cooked leftover meat, cut in very small pieces
- 1 large potato, boiled

After a meal, if I have small leftover scraps of meat not worth saving, I put them in a clean, empty cream cheese container. I keep it in the freezer and add to it as leftovers become available. When the container is full, I have approximately one cup of already cooked meat, no bones. It doesn't matter if it's chicken, beef or pork, to our dogs, meat is meat.

One cup of chopped up leftover meat and one large potato, that's it.

While the meat defrosts, I peel and cook one large potato until it's fork tender. After discarding the water, I mash the potato as if making mashed potatoes. If the meat is dry, I add a few tablespoons of milk to the potato to make it smoother. I mix the chopped up meat with the mashed potato. I don't add any seasoning as the leftover meat was already seasoned. At this point you need to use your hands to make small balls, about ½ inch diameter. I get about 20. I then freeze them on a flat tray until they are solid so they won't fall apart. Once frozen, I divide and store them in 4 separate baggies. I then store them in the freezer. When ready to use them, I take out the wanted amount and pop them in the microwave until defrosted and warm. Serve to your pooch.



Our mission is to end euthanasia of cats and dogs in Maricopa County through pet adoptions, medical care, promotion of spay and neuter procedures and pet owner education.

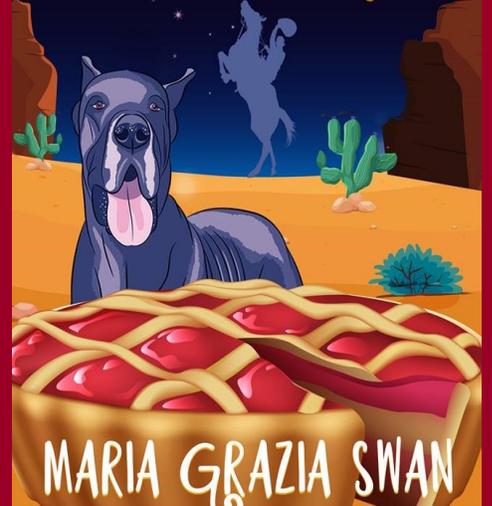
What we do matters.

Visit us at:

[homeforgood.org](http://homeforgood.org)

BAKER GIRLS COZY MYSTERY SERIES

*Pies, Lies and a Last Goodbye*



# Fiona Quinn

## FIONA'S BOOKS

One of my readers, Elisa Hor-  
don, grew up in a family that  
bred and showed collies in Aus-  
tralia. I asked her to share her  
go-to doggy treat recipes, and  
she was kind enough to oblige.

*From Elisa...*

These two are my most used rec-  
ipes. I make most of their food and change it up all the time, but  
I always use these two recipes a lot, especially the biscuit one as  
you can do so much with it and I love baking dog biscuits for  
my friends' pets too.



## DOG BISCUITS

(I use this basic recipe then change up the flavors.)

- 4 cups whole wheat flour. You can use plain white flour.
- 1/2 cup coconut oil
- 4 eggs
- 2 cups oats

Now for flavor...

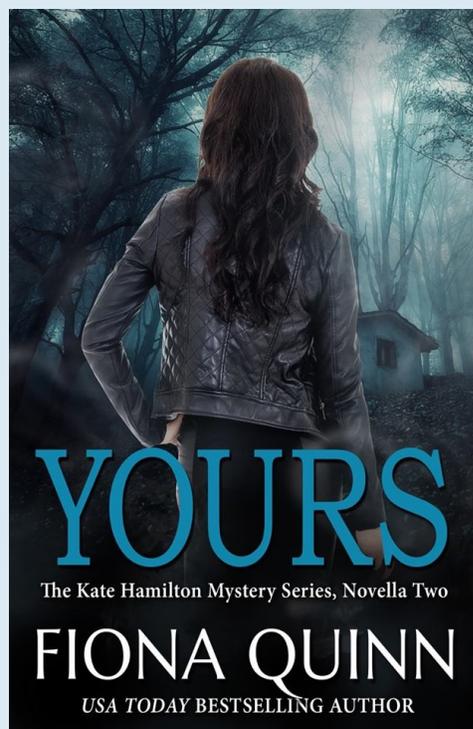
- 4x 100gm tins sardines
- 2 tbsp. parsley dried
- 1 cup grated cheese
- 2 tbsp. dried mixed herbs
- 1 cup peanut butter
- 2 tbsp. ground cinnamon
- 1 cup apple sauce (You can add a cup of diced apple too for more texture.)

Mix everything together. Chill dough then roll out and cut cook-  
ies. Bake for around 10-15 min at 350 degrees. You don't have  
to roll and cut. You can just hand roll balls and put them on a  
tray. I have dog bone cutters, which is why I love to roll out the  
dough flat and cut shapes.

## LIVER CAKE

- 1.1 lbs liver diced
- 1.1 lbs grated veggies. I use carrot, zucchini and sweet po-  
tato
- 4 eggs
- 1 cup plain flour
- 1 cup oats
- 1 cup shredded coconut
- 1 cup apple sauce
- 2 tbsp dried mixed herbs

Put the liver in the blender with  
the eggs and apple sauce and pu-  
ree. Then put in a bowl with the  
rest of the ingredients and mix  
well until all combined. Pour  
mixture into a cake pan, loaf pan,  
or even a roasting pan and bake in  
the oven 350 degrees for 30-  
45min. Again, you can change the  
herbs. Ginger is a good one. My  
dogs will basically try anything I  
make...lol. This liver cake is a  
favorite with my dogs and even  
the cats try it.



# Susan Boles

## SUSAN'S BOOKS

### LUCY'S FAVORITE PEANUT BUTTER & BANANAS DOGGIE BISCUITS

Lucy is a big Elvis fan so nothing will satisfy her as much as these peanut butter and banana doggie biscuits. Because “The King” always loved his fried peanut butter and banana sandwiches.

- 1 cup smooth peanut butter
- 1 1/2 T. molasses
- 1 very ripe medium banana
- 1 3/4 cups wheat flour
- 1 T. baking powder
- 1 cup milk

Preheat oven to 350.

Mix ingredients until a dough is formed. Add a little more wheat flour if the consistency isn't quite doughy enough. It should be thick and cling together in a ball.

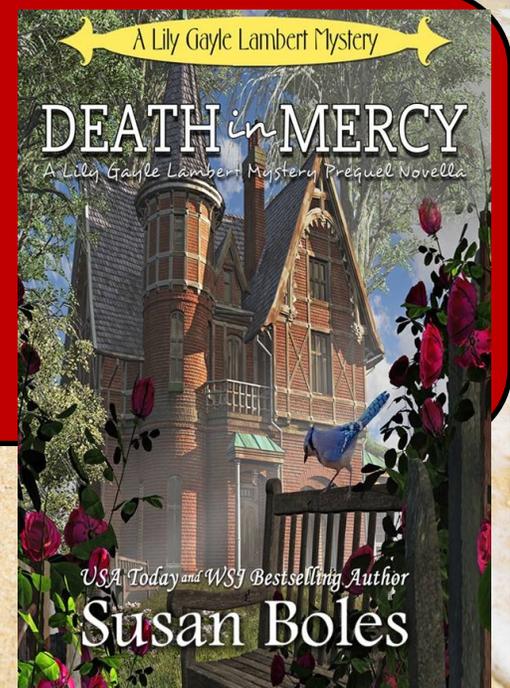
Roll dough out flat to approximately 1/4 inch thick and cut out 'biscuits' with a bone shaped cookie cutter or just a regular knife if you don't have the bone shaped cookie cutter.

Place on parchment lined cookie sheet and bake for 12 – 15 minutes. I use the small bone-shape cookie cutter because Lucy is a small dog. Cooking time may vary if you are using a larger cookie cutter.



Streetdog Foundation has rescued more than 750 endangered dogs from the streets and shelters of Memphis, all without a dedicated structure to house them. Streetdog relies on volunteer foster families to not only provide homes for our dogs, but also give them the love, security, and confidence they need to succeed in their forever homes. Whether temporarily fostering or adopting one of our rescues, everyone who takes in a Streetdog becomes part of our family.

Visit us at:  
[streetdogfoundation.com](http://streetdogfoundation.com)



# Ava Mallory

## AVA'S BOOKS

### SWEET POTATO BONES

- 1 large sweet potato
- 2 ½ cups whole wheat flour
- ¼ cup unsweetened applesauce
- 2 eggs

Preheat oven to 350 degrees F.

Poke holes into the sweet potato with a fork.

Heat the sweet potato in the microwave on high until it's tender. (4 – 6 minutes) Cut the potato in half lengthwise. With a spoon, scoop flesh out and place in bowl. Mash the flesh with a potato smasher, then transfer 1 cup to a large bowl. Save remaining sweet potato for other recipes.

Mix the applesauce, eggs, and the whole wheat flour in a large bowl with the sweet potato to form dough. Roll dough out on a well-floured surface until it's about ½ inch thick. Use cookie cutters to achieve dog bone shape. Arrange them on an ungreased baking sheet.

Bake for 35 to 45 minutes or until crisp. Let them cool in the pan for about 15 minutes before moving to a wire rack.

### DOGGIE CHICKEN & VEGGIE DELIGHT

- 3 large chicken breasts or 4 lbs. of ground chicken
- 4 large sweet potatoes
- 1 can of chickpeas
- 4 whole carrots
- 4 – 6 cups of water
- 3 cups of brown rice
- 4 eggs
- 2 small heads of broccoli

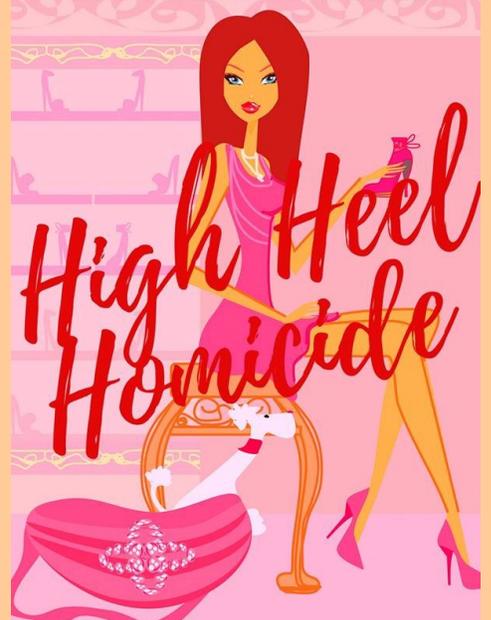
Boil chicken in 4 – 6 cups of water in sauce pan. While chicken is cooking, in separate pans, cook rice and eggs as directed. Steam broccoli in small sauce pan.

Pull meat from bone. Add shredded chicken to large mixing bowl.

Add cooked rice and eggs to chicken. Add steamed broccoli to mix. Add in other ingredients. Mix together. Serve.



A HOLLY WOODS MYSTERY NOVELLA



USA TODAY & WALL STREET JOURNAL BESTSELLING AUTHOR

AVA MALLORY

# Kelly Hashway

KELLY'S BOOKS

## HADLEY'S FRUITY FROZEN TREATS

- Handful of raspberries
- 1 slice of seedless watermelon (cut into chunks)
- 3 tablespoons Greek natural yogurt

With a fork, blend raspberries, watermelon, and yogurt in a bowl until you have a pink mixture with just a few small chunks for texture. (If you prefer, you can use a blender to mix the ingredients for a smoother texture.)

Pour the mixture into a plastic ice cube tray or any other fun shaped mold tray.

Freeze for 3 hours.



## TIMBER'S DOGGIE DONUTS

- 1 egg
- 2/3 cup chicken broth or beef broth
- 2 cups whole wheat flour
- 3 tablespoons quick cooking oats

Grease a microwave-safe baking dish or plate.

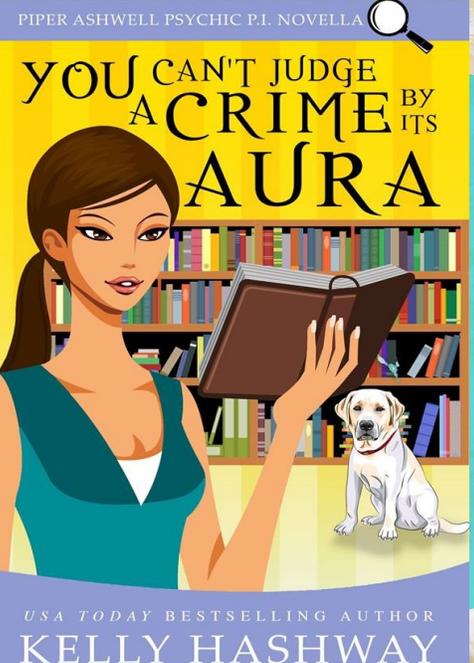
In a bowl, whisk the egg and both. Add the flour and oats and stir together.

Flour waxed paper or a flat surface. Roll the dough out so it is 1/2 inch thick.

Use a round cookie cutter to shape the donuts. With a smaller round cookie cutter, remove a hole from the center of each donut. Space the donuts out on the microwave-safe baking dish.

Cover the dish with a paper towel.

Cook on high for approximately 10 minutes.



# Sam Cheever

## SAM'S BOOKS

Hi there! I'm Sam Cheever and my husband and I have 14 fur babies of all shapes and sizes. We rescue dogs (I'm highly allergic to cats) and senior horses. Our furry little pack is currently about a third senior and my heart breaks watching them get more rickety and unsure by the day. But my heart is also full of love and happiness that I've gotten to spend time with them. In a few cases we've been together for years, a couple of my sweet older babies were only with us for a few weeks. But whatever time they give me, I'm deeply grateful for every minute. And they give me much more than I could ever give them. I hope you enjoy these recipes and...pseudo recipes. #:0) The Sock Crudit  thing is a true story. Lucy was the last cat I was able to have. She put me into the emergency room with asthma. But she lived a long and happy life with my sister who adored her to pieces.

### GRANOLA BARS (For Horses & Dogs)

- 1/2 cup rolled oats
- 1/4 cup bran
- 1 1/2 tbsp. molasses
- 1 1/2 tbsp. honey
- 1 tbsp. water

Combine oats, bran, molasses and honey, mixing thoroughly. Add water until consistency is thick and moist, but not drippy. Refrigerate dough 1 hour.

Form dough into golf-ball sized lumps (for horses – smaller for dogs). To keep the dough from sticking to your hands, coat hands lightly with corn oil. Feed immediately or refrigerate.



### CHICKEN MEATBALLS for Dogs

- 1 pound ground chicken
  - 1 egg
  - 1/3 cup carrots diced and cooked
  - 1/3 cup spinach blanched, drained well, and chopped
  - 3/4 cup brown rice cooked
- Mix all ingredients and form into golf ball sized balls, bake in oven at 375 degrees for 15 to 20 minutes

Serve to your best furry friend.

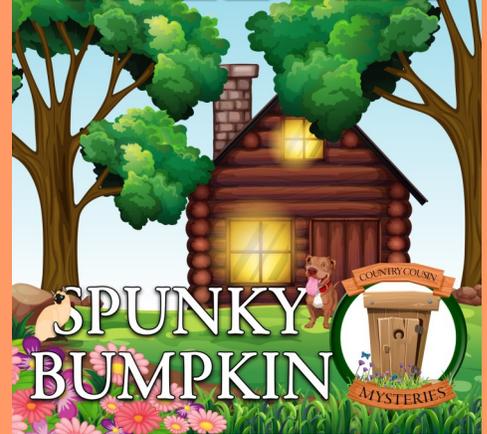
### HOMEMADE FLY SPRAY FOR HORSES – NOT FOOD

Mix 3 oz. Avon's Skin-So-Soft with 3 oz. citronella essential oil (not lamp oil) and 12 oz. each of white vinegar and water. You'll need to shake the spray well before using it each time.

We had horses in Minnesota for years and the mosquitoes were the size of my fist! Our poor horses were covered with the nasty things every dusk. We sprayed them down with this mixture and they were much more comfortable. Bonus, they smelled great too!

*USA Today Bestselling Author*

# SAM CHEEVER



# Judith Lucci

## JUDITH'S BOOKS

Hi, I'm Judith Lucci, the furr-ever parent of four dogs. At times, I've had as many as 7 dogs because I love them, often-times more than people. I lost a dog from renal failure a few years ago, so I'm pretty good at canine renal diets. Last summer I lost my Sue at 14 from melanoma. I made all their food from fresh ingredients which is the same as what I do now. If you have a hunter in your family, try and snag a little venison. Venison in the crockpot recipe, or almost any recipe is a great alternative.

### CROCKPOT DOG FOOD

Years ago, I used to give my dogs left over vegetables from a pot roast. Then I figured that I could make my dog food at home, much cheaper in the crockpot. So, I do. I like the control I have over choosing the ingredients. Here's one of my recipes.

- 1-1/2 cups brown rice
- 1 tablespoon olive oil
- 3 pounds ground turkey or ground beef
- 3 cups baby spinach, chopped
- 2 carrots, shredded
- 1 zucchini, shredded
- 1/2 cup peas, canned or frozen

Sometimes I add a watered-down (about 1:1) can of low-sodium turkey or beef gravy (they love it). My dogs are all senior pets, so I am careful to be sure there's plenty of water in their food to assure their GI tracks work well. I generally double or triple this recipe and freeze it. It's a good use of my time.

### Salmon & Broccoli (or Pea) Dog Food

Two of my five dogs are allergic to chicken and grain which makes it almost necessary for me to make my own dog food. Here's something that works well for me. You can also use tuna in this recipe. Sometimes, I substitute peas for the broccoli but my dogs LOVE the combination of fish and sweet potatoes.



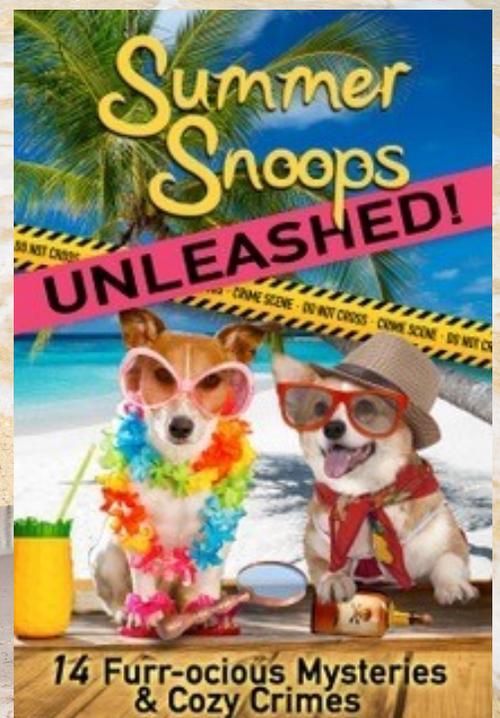
### SALMON & BROCCOLI or PEA DOG FOOD

- 1 lb. salmon WITH skin
- 1 tbsp. coconut oil (you can substitute olive oil or other cooking oil)
- 1 head of broccoli (or a pound of frozen peas)
- 3 sweet potatoes (pumpkin words, too!)
- 2 carrots
- 1 squash

Cook the salmon in a skillet using the coconut oil to prevent sticking. If you don't have coconut oil, Olive oil is fine. Chop the squash, carrots and broccoli, and steam them until tender. Boil the sweet potatoes with skin on until tender. When the potatoes are tender, mash them.

Combine the ingredients. Flake the salmon in a large mixing bowl. Add the broccoli, squash and carrots. Mix thoroughly. Add the sweet potatoes and mix until everything is completely combined.

NOTE: This recipe is grain free.



# Anna Celeste Burke

## ANNA'S BOOKS

### MEET ARCHIE



The dog at the center of Kim & Brien's latest mystery in Corsario Cove

## PEANUT BUTTER, HONEY & OAT DOG TREATS

- 1 cup natural crunchy peanut butter
- 3 cups oats
- 1/3 cup honey
- 1/3 cup low sodium beef bouillon powder
- 1/3 cup warm water

Preheat oven 350<sup>o</sup> F.

In 30 second bursts, warm the peanut butter in the microwave to soften.

Grind half of the oats in a food processor until they're the consistency of flour.

Mix all ingredients into a dough that can be rolled out. Flour a cutting board or other flat surface.

Roll out the dough to 1/4-inch thickness and use a medium sized [2 ½ - 3 inch] dog bone shape cookie cutter or into other shapes if you prefer. Carefully place them on greased cookie sheets.

Bake 10 minutes until brown on the bottom. Then turn off the oven and leave them to cool.

## DOG BIRTHDAY CAKE

Colleen Mooney

- 1 pound ground turkey or chicken
- 2 carrots, food processed
- One 10-ounce pack frozen spinach, thawed and drained
- 1 cup cooked brown rice
- 1 Tbsp vegetable oil
- 1 egg, lightly beaten
- 2 hard-boiled eggs, sliced

Mix 1-6 together in large bowl.

Pour ½ in 9-inch greased cake pan.

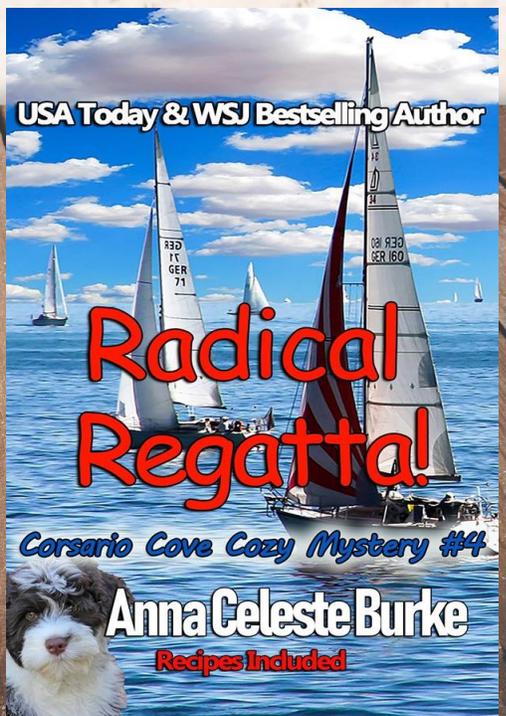
Place slice eggs on top of meat mixture.

Pour remaining half over the egg slices. Bake in preheated over 350 degrees F. for 45-50 minutes until done.

Remove from oven, let cool in pan 5 minutes. Drain any grease before trying to remove from pan.

Use a large spatula to remove from pan, gently running spatula around circumference to keep from sticking.

Allow to cool on platter before adding the frosting/mashed potatoes. Place one layer on plate, spread about 2 cups mashed potatoes on top, add the second meat layer.



# Colleen Mooney

## COLLEEN'S BOOKS

### DOGCOTTI (Think Biscotti)

- 2 Cups whole wheat flour
- 1 Tablespoon Baking Powder
- 2 pinches ground cinnamon
- 1 Cup Chunky peanut butter
- 1 Cup Milk
- 1 Cup Carob chips

Preheat oven to 400.

Microwave peanut butter to soften 2-5 minutes

Mix all together except Carob chips

Roll into a log then flatten

Bake 20 minutes

Remove from oven, cool 10 minutes.

Cut on angle (like Biscotti) one inch thick

Bake again for 10-12 minutes.

Remove from oven; cool.

Melt Carob, and drizzle over Dogscotti.

Melted peanut butter can be used instead of Carob.

Store in an airtight container.



### HOT DOGGIE TREATS

Who doesn't love a hot dog? These are super easy!

- 1 pack organic or high quality chicken or turkey hot dogs in a pack

Slice the hot dogs in 1/4 inch discs.

Place flat on a microwave dish and cover with a paper towel.

Microwave in one or two minute intervals checking to make sure the slices are not burning. I prefer one minute intervals.

Do this for a total of 6 minutes, checking between each interval.

The slices should be dehydrated and crunchy after 5 or 6 microwave minutes.

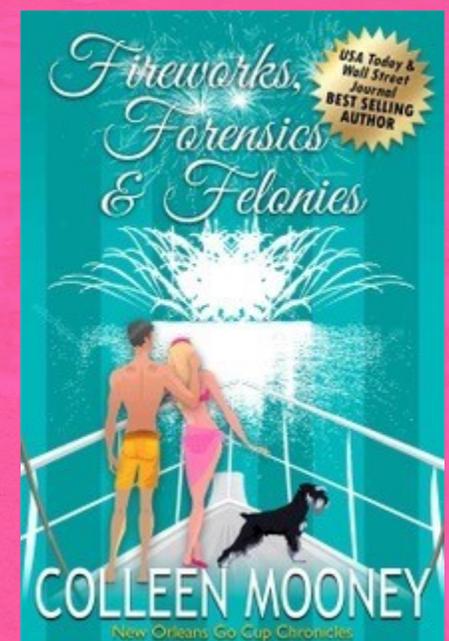
Let cool and try one! Your dog (and husband) will love them! Use for training treats. Store in a airtight container.



Northshore Humane Society is one of Louisiana's largest 501(c)(3) nonprofit animal welfare organizations. Since 1953, we have been serving the neglected and abandoned animals of the Northshore region. We are an independent, non-governmental rescue that offers veterinary care, fostering, adoption, and more. We rely solely on the support of caring people like you to fund our programs and services which profoundly benefit the animals of our community. Thank you for all of your support!

Visit us at:

[northshorehumane.org](http://northshorehumane.org)



# Joanna Campbell Slan

## JOANNA'S BOOKS

### YOU ARE MY PUMPKIN (Dog Cookies)

*Note: These are particularly good for dogs with touchy tummies.*

- ½ C. pureed pumpkin (do NOT use pumpkin pie filling) – ½ cup
- 2 eggs – 2
- 2 ½ C. whole wheat flour
- 1/8 tsp. salt
- ½ C. milk

Preheat oven to 350° F.

In a large bowl, stir together pumpkin puree and eggs with a fork.

Add flour, salt and milk.

Mix until dough-like in texture. (Add a small amount of water if too stiff. If too sticky, add more flour.)

Flour a surface to work on. Roll dough until it is ¼ to ½ inch thick. (To make any dough an even thickness, get two magazines of equal height. Put one on the left and one on the right. Roll the dough BETWEEN the magazines.)

Cut with cookie cutter and arrange on a baking sheet lined with parchment or a silicone liner.

Bake for 20 minutes and then cool.

Store in your refrigerator.

## FROSTY PAWS

Colleen Mooney

- 1 Banana
- 1 Cup plain non-fat yogurt
- 1 Tbsp unsalted peanut butter
- 1 Tbsp water

Blend all together thoroughly. Pour mix into ice cube trays, rubber cookie forms in shapes like milk bones, or small paper cups.

Freeze overnight.

Serve—preferably outside, somewhere you can hose off!

These make a cool treat for your BFF on a hot summer day.

